

# Malia Cali, MD

UW Medicine Sports Medicine Center at Husky Stadium  
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## ***EDUCATION***

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University of Washington	Sport and Interventional Spine Fellowship	2022-Present
	<ul style="list-style-type: none"><li>• Diagnostic musculoskeletal ultrasound</li><li>• Ultrasound guided musculoskeletal procedures including PRP, Tenex, and corticosteroid injections</li><li>• Fluoroscopic-Guided Interventional Spine Procedures</li><li>• Sports coverage including Ironman Washington, Seattle Marathon, Rock n' Roll Marathon, UW Men's Soccer, UW Club Rugby, Seattle Seahawks, Ballard High School Football</li></ul>	
University of Colorado Denver	PM&R Residency	2019-2022
Tulane School of Medicine	Medicine Prelim Year	2018-2019
LSUHSC School of Medicine	M.D.	2014-2018
University of North Carolina at Chapel Hill	B.S. Biology, Chemistry Minor	2010-2014

## ***HONORS, SPECIAL RECOGNITIONS, AND AWARDS***

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Resident Research Award – CU PM&R	2022
Chief Resident – University of Colorado PM&R Residency	2021-2022
Top Quartile of Graduating Class – LSUHSC School of Medicine	2018
Phi Beta Kappa – UNC Chapel Hill	2014
Academic All-ACC	2012
Dean's List for 8 consecutive semesters – UNC Chapel Hill	2010-2014
National High School Heisman Recipient	2009

## ***MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS***

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American Medical Society for Sports Medicine	2022-Present
North American Spine Society	2021-Present
American College of Sports Medicine	2017-Present
American Academy of Physical Medicine and Rehabilitation	2015-Present

## ***MAJOR COMMITTEE AND SERVICE RESPONSIBILITIES***

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XFL Sideline Coverage – Seattle Sea Dragons	2023
Team Physician – Ballard High School	2022-2023
Musculoskeletal Course Instructor – University of Washington School of Medicine	2022-2023
Medical Team – Ironman Washington	2022
Finish Line Medical Team Captain - Rock n' Roll Washington	2022

Team Physician – University of Washington Men’s Soccer	2022
Team Physician – University of Washington Club Rugby	2022
Musculoskeletal Ultrasound Instructor – University of Colorado SOM	2022
Chief Resident – University of Colorado PM&R Residency	2021-2022
Elected Physician Volunteer at VA Summer Sports Clinic – San Diego, CA	2021
High School Basketball and Football Sideline Coverage – Denver, CO	2020-2021
Assist with PM&R Interest Group events at the University of Colorado SOM	2019-2020
Bear Trace Trail Race Medical Coverage – Lakewood, CO	2019, 2021
Women’s Volleyball and Soccer Sideline Coverage – University of Denver	2019
Finish Line Medical Team Captain – Rock n’ Roll New Orleans Marathon	2019
Tulane Football Sideline Coverage – New Orleans, LA	2018
High School Football Sideline Coverage – New Orleans, LA	2018
President of Protégés Organization – LSUHSC School of Medicine	2016-2017
Copping Award Committee for Teaching Excellence – LSUHSC SOM	2014-2018
LCME Student Representative Committee Chair – LSUHSC SOM	2016-2018
President of PM&R Interest Group – LSUHSC School of Medicine	2015-2016
Public Relations Chair for Camp Tiger	2014-2015
Counselor at Camp Tiger – Summer camp for children with disabilities	2015
Medical Mission Trip to Guatemala	2015
Sexual Education Teacher at New Orleans Charter School	2015
Anatomy Tutor – LSUHSC School of Medicine	2014
President of Carolina Dreams – UNC Chapel Hill	2013-2014
Student Athletes Leading Social Change	2012-2014
Biology Department Tutor – UNC Chapel Hill	2012
Founder of “Cleats for Kids”	2005-2018

***LICENSURE AND BOARD CERTIFICATIONS***

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State of Colorado Full Physician License	2023-Present
State of Washington Full Physician License	2022-Present
State of Colorado Physician Training License	2019-2022
State of Louisiana Physician Training License	2018-2019

***PRESENTATIONS***

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“Proximal Intersection Syndrome” AMSSM Sports Ultrasound Case Series	5/26/23
“Review of the Hip” University of Washington PM&R Board Review Course	4/13/23

“Environmental Medicine in Sports” University of Washington Sports Medicine Didactics	4/11/23
“Thoracic Outlet Syndrome” University of Washington Sports Medicine Didactics	1/11/2023
“High Altitude and The Athlete” University of Washington PM&R Musculoskeletal and Sports Conference	12/6/2022
“Upper Extremity Entrapment Neuropathies” University of Washington Sports Medicine Didactics	10/12/2022
“Exertional Heat Illness” Seattle Children’s Hospital Emergency Preparedness Symposium	8/15/2022
“The Curious Case of Facial Diplegia in a Patient with Bilateral Cerebral Injury” Craig Hospital Brain Injury Grand Rounds	6/15/2021
“Developing Habits for Success” University of Colorado Department of PM&R Chair Rounds	2/12/2021
“Adhesive Capsulitis” University of Colorado Department of PM&R	2/10/2021
“Gait Analysis in Common Running Injuries and Implications for Gait Re-training” University of Colorado Department of PM&R	3/11/2020
“Neurogenic Bowel and Bladder” University of Colorado PM&R Resident Didactics	7/08/2020
“Review of Spine Imaging” Rocky Mountain Regional VA Department of PM&R	10/29/2020
“Basics of EMG/NCS” Rocky Mountain Regional VA Department of PM&R	11/19/2020

## ***BIBLIOGRAPHY***

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### **Papers Published in Peer-Reviewed Journals**

Kishner S, Murphy CP, Maxi MC, **Cali MG**, Mercante DE. Stimulation Across the Transverse Carpal Ligament in Carpal Tunnel Syndrome. *PM&R Journal*. September 2016; 8(9): S153.  
<https://doi.org/10.1016/j.pmrj.2016.07.025>.

Tahmasbi Sohi, **M, Cali, M**, Forster, JE, Kiseljak-Vassiliades, K, Wierman, ME. Short term effects of intraarticular triamcinolone acetonide injection on serum testosterone, luteinizing hormone, and follicle stimulating hormone levels in male veterans: A prospective pilot study. *PM&R*. 2023; 1- 8.  
doi:10.1002/pmrj.13001

### **Other Publications**

Kristina Barber, MD; Lindsay Burke, MD; **Malia Cali, MD**; Adele Meron, MD. “Tarsal Tunnel Syndrome.” *PM&R Knowledge Now*. June 23, 2022.

Lindsay Burke, MD; Kristina Barber, MD; **Malia Cali, MD**; Adele Meron, MD. “Ankle and Foot Overuse Disorders.” *PM&R Knowledge Now*. June 23, 2022.

### **Posters Accepted to National Conferences**

**Malia Cali, MD**; Jacques Courseault, MD. “Thoracic Radiculopathy: A Case Report.” Accepted to American College of Sports Medicine National Conference 2018.

**Malia Cali, MD**; Derek Stokes, MD. “Cervical Spine Injury in Professional Rock Climbing: A Case Report.” Accepted to American College of Sports Medicine National Conference 2021.

**Malia Cali, MD**; Maryam Tahmasbi-Sohi, MD; Kiseljak-Vassiliades, DO; Lisa Brenner, PhD; Jeri Forester, PhD; Margaret Wierman, MD. “Short Term Effects of Intraarticular Triamcinolone Acetonide Injection on Serum Testosterone, LH, and FSH levels in Cohort of Male Veterans with Osteoarthritic Glenohumeral Joint: A prospective Pilot Study.” Abstract accepted to American Academy of Physical Medicine and Rehabilitation conference 2021.

Marc Heronemus, MD; Derek Stokes, MD; **Malia Cali, MD**; James Abe, MD, Chris McMullen, MD, Adele Meron, MD. “Self-Guided Ultrasound Curriculum for Physical Medicine and Rehabilitation Residents Utilizing American Medical Society for Sports Medicine (AMSSM) Online Videos.” Poster accepted to American Medical Society of Sports Medicine Conference 2022.

Derek Stokes, MD; Marc Heronemus, MD; **Malia Cali, MD**; Adele Meron, MD. Scott Laker, MD. “Effects of Formalized Sideline Sports Coverage Training of Physical Medicine and Rehabilitation Residents.” Poster accepted to American Society for Sports Medicine Conference 2022.

**Malia Cali, MD**; William Adams, PhD; Stephanie Clark, MD; Ike Hasley, MD; Emily Larson, MD; April McPherson, PhD; David Robinson, MD; Jon Finnoff, MD. “Incidence of Injuries Among US Paralympic Athletes Competing in the Tokyo 2020 Paralympic Games.” Abstract accepted to American College of Sports Medicine Conference 2022.

**Malia Cali, MD**; Ereik Latzka, MD. “Hand Weakness in a Former Javelin Thrower: A Case Report.” Accepted to American Medical Society for Sports Medicine Conference 2023.

### **Pending Works:**

**Malia Cali, MD**; Mark Harrast, MD; Brian Krabak, MD. The Pediatric Runner. In: R. Wilder and F. O'Connor, ed., *Running Medicine*, 3rd ed.

Ereik Latzka, MD; **Malia Cali, MD**. Intra-articular Steroid Injection versus Hydrodilatation for Adhesive Capsulitis. In: J. Friedly, ed., *PM&R Journal*.

**Malia Cali, MD**; Stanley Herring, MD. Pain in the Athlete. In: ACSM's Sports Medicine: A Comprehensive Review, 2<sup>nd</sup> ed.

### **DIGITAL MEDIA (PODCASTS, RECORDED PRESENTATIONS, BLOGS, & SOCIAL MEDIA)**

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Co-editor of CU PM&R Instagram (@cupmresidency) 2020-2021

“Atrial Fibrillation in Endurance Athletes.” Blog post for PM&R Qbank Review. Dec. 2018  
<https://www.pmrqbankreview.com/atrial-fibrillation-in-endurance-athletes/>

“Prolotherapy...What’s That?” Blog post for PM&R Qbank Review. Aug. 2018